Here's the General Formula for the Twelve Bar Blues. The bars are numbered across the top, and they are divided into 3 lines of 4 bars each. Each number represents one bar of music:

| 1 st | 2nd | 3 rd | 4 th | 5th | 6 th | 7th | 8th | 9 9h | 10 th | 11 th | ${ }^{12 t h}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 1 | 1 | 1 | 4 | 4 | 1 | 1 | 5 | 5 | 1 | 1 |

And here's a flashier variation, probably the more common of the two:

| 1 | 4 | 1 | 1 | 4 | 4 | 1 | 1 | 5 | 4 | 1 | 5 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

Here's the translation of those numbers into the chords in the Key of A, favoring $\mathbf{E} 7$ over $\mathbf{E}$. Since each letter equals one bar, strum that chord 4 times. That's 16 straight strums on $\mathbf{A}$ to start:

| 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th | 11th | 12th |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A | A | A | A | D | D | A | A | E 7 | E 7 | A | A |

That is one long stretch of A chord in the 1st line! Here's the flashier version (you're welcome):

| 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th | 11th | 12th |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A | D | A | A | D | D | A | A | E 7 | D | A | E 7 |

That's a nice switch to the $\mathbf{D}$ chord in the 2nd bar; breaks up the monotony. The 2nd line is the same, but then the climactic 3rd line brightens up with 4 chord changes. Stunning. Now let's retain the more interesting chord sequence and make them all Seventh chords:

| 1 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th | 11th | 12th |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A7 | D 7 | A 7 | A 7 | D 7 | D 7 | A 7 | A 7 | E 7 | D 7 | A 7 | E 7 |

Well, it's definitely more interesting with the edgy Seventh chords, but it might sound even more interesting if we were to apply them more sparingly (less is more?):

| 1 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th | 11th | 12th |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A | D 7 | A | A 7 | D | D 7 | A | A 7 | E 7 | D 7 | A | E 7 |

